

2016 Grandfather Mountain Highland Games  
Track and Field

**High Jump - Women's**

|                    |                 |       |
|--------------------|-----------------|-------|
| 1 Lauren Patterson | Sevierville, TN | 4'-6" |
| 2 Gracie Leis      | Spring, TX      | 3'-6" |
| 3 Karson Woodie    | Lenoir, NC      | 3'-0" |

**High Jump - Men's**

|                      |                   |       |
|----------------------|-------------------|-------|
| 1 Christian Carswell | Morganton, NC     | 6'-2" |
| 2 CJ Wells           | Unicoi, TN        | 5'-0" |
| 3 Samuel Craig       | Granite Falls, NC | 4'-6" |

**Long Jump - Women's**

|                    |                  |            |
|--------------------|------------------|------------|
| 1 Grace Leis       | Spring, TX       | 12'-2"     |
| 2 Carissa Chambers | Johnson City, TN | 11'-1-1/2" |
| 3 Lauren Patterson | Seymour, TN      | 8'-11"     |

**Long Jump - Men's**

|                      |                   |        |
|----------------------|-------------------|--------|
| 1 Christian Carswell | Morganton, NC     | 19'-5" |
| 2 CJ Wells           | Unicoi, TN        | 17'-7" |
| 3 Samuel Craig       | Granite Falls, NC | 15'-4" |

**Triple Jump - Women's**

|                    |                  |            |
|--------------------|------------------|------------|
| 1 Carissa Chambers | Johnson City, TN | 26'-8"     |
| 2 Grace Leis       | Spring, TX       | 25'-6-1/2" |
| 3 Karson Woodie    | Lenoir, NC       | 15'-1-1/2" |

**Triple Jump - Men's**

|                      |                   |         |
|----------------------|-------------------|---------|
| 1 Christian Carswell | Morganton, NC     | 40'-4"  |
| 2 CJ Wells           | Unicoi, TN        | 36'-5"  |
| 3 Samuel Craig       | Granite Falls, NC | 31'-11" |

**100 Yard Dash - Women's**

|                    |                  |        |
|--------------------|------------------|--------|
| 1 Carissa Chambers | Johnson City, TN | :12.81 |
| 2 Grace Leis       | Spring, TX       | :13.25 |
| 3 Caitlin Mason    | Iron Station, NC | :13.56 |

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**100 Yard Dash - Men's**

|                      |                   |        |
|----------------------|-------------------|--------|
| 1 Christian Carswell | Morganton, NC     | :11.0  |
| 2 CJ Wells           | Unicoi, TN        | :11.1  |
| 3 Samuel Craig       | Granite Falls, NC | :11.25 |

**220 Yard Dash - Women's**

|                 |                  |        |
|-----------------|------------------|--------|
| 1 Grace Leis    | Spring, TX       | :32.50 |
| 2 Loren Smith   | Brevard, NC      | :35.20 |
| 3 Caitlin Mason | Iron Station, NC | :35.50 |

**220 Yard Dash - Men's**

|                      |                 |        |
|----------------------|-----------------|--------|
| 1 Christian Carswell | Morganton, NC   | :26.0  |
| 2 Kevin Pack         | Dobson, NC      | :28.09 |
| 3 David Melville     | Summerfield, NC | :35.81 |

**440 Yard Dash - Women's**

|                      |                  |         |
|----------------------|------------------|---------|
| 1 Mary Chesnut Smith | Banner Elk, NC   | 01:19.0 |
| 2 Caitlin Mason      | Iron Station, NC | 01:22.0 |
| 3 Loren Smith        | Brevard, NC      | 01:23.0 |

**440 Yard Dash - Men's**

|              |                |         |
|--------------|----------------|---------|
| 1 Doug Smith | Birmingham, AL | 01:02.0 |
| 2 Aaron Hale | Raleigh, NC    | 01:06.0 |
| 3 Nate Smith | Banner Elk, NC | 01:10.0 |

**880 Yard Dash - Women's**

|                      |                  |         |
|----------------------|------------------|---------|
| 1 Mary Chesnut Smith | Banner Elk, NC   | 03:13.0 |
| 2 Carissa Chambers   | Johnson City, TN | 03:20.0 |
| 3 Caitlin Mason      | Iron Station, NC | 04:08.0 |

**880 Yard Dash - Men's**

|              |                |         |
|--------------|----------------|---------|
| 1 Doug Smith | Birmingham, AL | 02:14.0 |
| 2 Kevin Pack | Dobson, NC     | 02:20.0 |
| 3 Aaron Hale | Raleigh, NC    | 02:39.0 |

**1 Mile Run - Women's**

|                      |                  |         |
|----------------------|------------------|---------|
| 1 Mary Chesnut Smith | Banner Elk, NC   | 06:31.0 |
| 2 Carissa Chambers   | Johnson City, TN | 07:34.0 |
| 3 Jenna Burgers      | Mebane, NC       | 08:41.0 |

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**1 Mile Run - Men's**

|   |            |                |         |
|---|------------|----------------|---------|
| 1 | Doug Smith | Birmingham, AL | 04:52.0 |
| 2 | Kevin Pack | Dobson, NC     | 05:09.0 |
| 3 | Aaron Hale | Raleigh, NC    | 05:16.0 |

**2 Mile Run - Men's**

|   |                |                 |         |
|---|----------------|-----------------|---------|
| 1 | David Melville | Summerfield, NC | 10:26.0 |
| 2 | Doug Smith     | Birmingham, AL  | 11:21.0 |
| 3 | Aaron Hale     | Raleigh, NC     | 11:33.0 |

**Outstanding Athlete - Women's**

|                  |                  |
|------------------|------------------|
| Grace Leis       | Spring, TX       |
| Carissa Chambers | Johnson City, TN |

**Outstanding Athlete - Men's**

|                    |               |
|--------------------|---------------|
| Christian Carswell | Morganton, NC |
|--------------------|---------------|