

**Grandfather Mountain Highland Games  
Scottish Athletic Records**

<b>Event</b>	<b>Name</b>	<b>City/state</b>	<b>Distance/height /time</b>	<b>Year</b>
16 lb. Stone	Ken Lowther	Simi Valley, CA	53' 10"	2006
22 lb. Hammer	Eric Frasure	Greenville, NC	118' 7.5"	2008
28 lb. throw	Eric Frasure	Greenville, NC	87' 3.5"	2008
56 lb. throw	Larry Brock	Fayetteville, NC	45' 10"	2010
56 lb. toss	Larry Brock	Fayetteville, NC	17' 8"	2010
20 lb. Sheaf toss	Eric Frasure	Greenville, NC	36' 2" (world record)	2010
42 lb. toss	Mike Nease	Mooreville, NC	31' 3" (world record)	2009
Clan Kilted Mile	Joseph Keith	Clan Keith	4:53	1989

Updated July 14, 2010