

# School of Scottish Arts

## Weekly Schedule by Day (Subject to Change)

Time	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
7: AM	<b>REGISTRATION to be completed by 1:00 PM</b>	WAKE-UP	WAKE-UP	WAKE-UP	WAKE-UP	WAKE-UP
7:45-8:15		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
8:30-12 NOON		Warm-up & Dance Class	Warm-up & Dance Class	Warm-up & Dance Class	Warm-up & Dance Class	Medal Tests and Professional Exams
12:00-12:45		Lunch	Lunch	Lunch	Lunch	CHECK- OUT
1:00-2:00 PM	<b>Evaluation Dance Class 1:00-4:00 PM</b>	Crafts	Crafts	Crafts	Crafts	<b>Medal Tests and Professional Exams in Aerobics Room</b>  <b>Gym for Staging and general meeting, holding luggage.</b>
2:00-4:00		Various Afternoon Classes	Various Afternoon Classes	Various Afternoon Classes	Various Afternoon Classes	
4:00-5:00		<b>Unpack Personal Time</b>	Strength & Conditioning	Strength & Conditioning	Strength & Conditioning	
5:00-5:30	Personal Time		Personal Time	Personal Time	Personal Time	
5:30-6:00	Dinner	Dinner	Dinner	Dinner	Dinner	
6:00-7:00	Welcome and Rules	Finish Crafts Personal Time	Finish Crafts Personal Time	Finish Crafts Personal Time	Finish Crafts Personal Time	
7:00-9:00	Bondfire Group Singing	Evening Meeting Decorate your SSA T-Shirt	Evening Meetings Activity to be decided	Evening Meetings Activity to be decided	SSA Ceilidh Skits Crazy Dances	
9:00-10:00	Personal Time	Personal Time	Personal Time	Personal Time	Personal Time	
10:00 PM	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT	